

Катедра Святого Йосафата

Української Католицької Єпархії Едмонтону

10825 – 97th Street N.W.

Edmonton, Alberta, T5H-2M4

Tel: 780-422-3181

Email: josaphat@telus.net

Website: www.stjosaphat.ab.ca



Saint Josaphat Cathedral

Ukrainian Catholic Eparchy of Edmonton

BISHOP

Most Rev. David Motiuk, Eparch of Edmonton
chancery@edmontoneparchy.com 780-424-5496
Website: www.edmontoneparchy.com

Fr. Julian Bilyj, Vicar General
vicar@eeparchy.com 780-424-5496

CATHEDRAL CLERGY

Fr. Peter Babej, Parish Pastor
fr.babej@eeparchy.com | 780-993-8037 (cell)

Fr. Mykhaylo Bohun, Assistant Priest
fr.bohun@eeparchy.com | 587-223-8485 (cell)

Fr. Michael Kowalchyk (retired)
kowalchymichael@gmail.com | 780-718-1159 (cell)

Fr. Terry Cherwick (military chaplaincy)
cherwick7@gmail.com | 780-237-0376 (cell)

PASTORAL COUNCIL

Rick Doblanko, Chair
rmdoblanko@shaw.ca | 780-473-5092

DIVINE SERVICES

Mon-Fri: Sixth Hour and Typica, 7:30 AM

Wed & Fri: Presanctified Liturgy, 5:30 PM

Saturday: Div. Liturgy, 9:00 AM

Sat. Vigil: Great Vespers, 4:00 PM

Div. Liturgy (Bilingual), 5:00 PM.

Sunday: Great Matins, 6:45 AM

Div. Liturgy (Eng), 8:00 AM

Div. Liturgy (Eng), 9:30 AM

Div. Liturgy (Ukr), 11:15 AM.

Sunday, March 7, 2021

VENERATION OF THE HOLY CROSS

Third Sunday of the Great Fast

The Holy Priest-Martyrs and Bishops of Cherson Basil,
Ephrem, Capiton, Eugene, Etherius and Others (284-305);
Tone 7

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DIVINE LITURGY

Troparia and Kontakia

Troparion Tone 7: By Your cross You destroyed death;* You opened Paradise to the thief;* You changed the lamentation of the myrrh-bearers to joy,* and charged the apostles to proclaim* that You are risen, O Christ our God,* offering great mercy to the world.

Glory be to the Father and to the Son and to the Holy Spirit,* now and for ever and ever. Amen.

Kontakion, Tone 7: No longer does the flaming sword guard the gate of Eden;* the tree of the Cross has quenched its flames gloriously.* The sting of death and the victory of Hades are banished,* and You O my Saviour came and called to those in Hades: "Return again to Paradise!"

Instead of Holy God, we sing:

To Your Cross, O Master,* we bow in veneration,* and we glorify Your holy Resurrection!

Prokimenon, Tone 6

Save Your people, O Lord, and bless Your inheritance.

Verse: Unto You I will cry, O Lord my God, lest You turn from me in silence. (*Psalm 27:9,1*)

Epistle – Hebrews 4:14-5:6

A reading from the Epistle of the Holy Apostle Paul to the Hebrews.

Since, then, we have a great high priest who has passed **through the heavens**¹, Jesus, the Son of God, let us hold fast to our confession. For we do not have a high priest who is unable to **sympathize**² with our weaknesses, but we have one who in every respect has been tested as we are, yet **without sin**.³ Let us therefore approach the throne of grace with **boldness**,⁴ so that we may receive mercy and find grace to help in time of need. Every high **priest**⁵ chosen from among mortals is put in charge of things pertaining to God on their behalf, to offer gifts and sacrifices for sins. He is able to deal gently with the ignorant

and wayward, since he himself is subject to weakness; and because of this he must offer sacrifice for **his own sins**⁶ as well as for those of the people. And one does not presume to take this honour, but takes it only when called by God, just as Aaron was. So also, Christ did not glorify Himself in becoming a high priest but was appointed by the One who said to Him, “You are My Son, today I have begotten You;” as He says also in another place, “You are a priest forever, according to the order of **Melchizedek**.”⁷

Alleluia Verses

Verse: Remember Your congregation which You acquired from the beginning. *Verse:* But God is our king before the ages; He has wrought salvation in the midst of the earth. (*Psalm 73:2,12*)

Gospel – Mark 8:34-9:1

AT THAT TIME Jesus called the multitude with His disciples, and said to them, “If any man would to come after Me, let him deny himself and take up his **cross**⁸ and follow Me. For whoever would save

¹ **passed through the heavens:** This refers to the Ascension of Christ. Christ ascended into the most intimate presence of God in heaven (Hebrews 9:24). This verse is understood in the context of the Son sitting “at the right hand of the Majesty on high.” Christ has accomplished His work on earth and has entered into His Sabbath rest.

² **sympathize:** Christ’s empathy (sympathy) for sinners – rests on His being tempted in the very way we are.

³ **Without sinning:** One of the several NT passages that asserts the sinlessness of Jesus. Having triumphed over temptation as a man, He understands our struggles and is able to help us through them.

⁴ **boldness:** or “confidence”. The reference here is to the throne of grace – the heavenly throne of the Father in whose presence Christ intercedes for us as high priest. In ancient Israel, the Lord sat enthroned on the wings of the cherubim over the Ark of the Covenant. Given the Tabernacle imagery that permeates the theology of Hebrews, the throne of the Father is probably envisioned as the Ark of the heavenly sanctuary (Rev 11:19). It is here that God gives us mercy after we sin and grace to keep us from sin. Christ, enthroned at the right hand of the Father, sits on a throne of grace rather than of judgment, granting mercy and grace to help in time of need.

⁵ **priest:** To qualify as a priest in the Old Testament one must: 1) be taken from among men; 2) be appointed to

serve others; 3) offer sacrifices; 4) have compassion; 5) be called by God. In the priesthood of Aaron, a priest identified himself with humanity and had sympathy for his fellow men because he sinned as other men sinned. The sacrifices were vicarious offerings of animals.

⁶ **his own sins:** The author has in mind the Day of Atonement, the annual feast when the high priest of Israel carried sacrificial blood into the presence of God to expiate his own personal sins (Lev 16:11), as well as those of the people (Lev 16:15).

⁷ **Melchizedek:** Melchizedek is the high priest and king of Salem, who greeted Abraham with gifts of bread and wine (see Genesis 14:18-20). Christ assumes and fulfills the Old Testament priesthood. Like Melchizedek, Jesus is both High Priest and King. He does not sin; His sacrifice is the human sacrifice of Himself, and His perfect priesthood continues in the Church to this day.

⁸ **cross:** The cross, a dreaded instrument of Roman punishment, is also a symbol of suffering by Christians in imitation of Christ. We practice self-denial for the sake of the love of God and the gospel. Accepting this suffering is not a punishment, nor is it an end in itself, but a means to overcome the fallen world for the sake of the Kingdom and to crucify the flesh with its passions and desires.

his life will lose it; and whoever loses his life for My sake, and for the sake of the gospel, will save it. For what does it profit a man to gain the whole world and forfeit his life⁹? For what can a man give in return for his life? For whoever is ashamed of Me and of My words in this adulterous and sinful generation, of him will the Son of Man also be ashamed when He **comes**¹⁰ in the glory of His Father **with the holy angels**.¹¹ And He said to them, “Truly, I tell you, there are some standing here who will not taste **death**¹² before they see the kingdom of God present with power.”¹³”

Hymn to the Mother of God

In you, O Full of Grace, all creation rejoices: the angelic ranks and all the human race. Sanctified temple and spiritual paradise, virgins’ pride and boast, from whom God is made flesh and became a little Child; and He who is our God before all ages, He made your womb a throne, and He made it wider than all the heavens. In you, O Full of Grace, all creation rejoices. Glory be to you!

Communion Hymn

Let the light of Your countenance, O Lord* shine upon us. Alleluia, alleluia,* alleluia.

Alternate Ambo Prayer

O God and Father of glory, for our sake You gave us Your only-begotten Son, and through Him You have made us Your children, worthy again of the Holy Spirit. Have compassion on us now, for we have broken Your commandments. Do not condemn us with those who have cut themselves off from You, nor leave us starved of Your spiritual

gifts. Instead, make us worthy to draw near to You by our words and in our hearts, and to prove by our deeds that we are Your children, imitators of the conversion of the prodigal son to whom You made known Your inexpressible love for sinners. Grant that we may obtain the everlasting happiness which You have prepared for all who do Your will. Through the grace and mercy and love for mankind of Your only-begotten Son, to whom glory is due, together with Your all-holy, good and life-giving Spirit, now and for ever and ever.

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For Further Reflection

Genesis 14:16-20

When Abram heard that his kinsman had been taken captive, he led forth his trained men, born in his house, three hundred and eighteen of them, and went in pursuit as far as Dan.¹⁵ And he divided his forces against them by night, he and his servants, and routed them and pursued them to Hobah, north of Damascus.¹⁶ Then he brought back all the goods, and also brought back his kinsman Lot with his goods, and the women and the people.¹⁷ After his return from the defeat of Ched-or-lao’mer and the kings who were with him, the king of Sodom went out to meet him at the Valley of Shaveh (that is, the King’s Valley).¹⁸ And Melchiz’edek king of Salem brought out bread and wine; he was priest of God Most High.¹⁹ And he blessed him and said, “Blessed be Abram by God Most High, maker of heaven and earth; and blessed be God Most High, who has delivered

⁹ This question emphasizes the utter foolishness of accumulating worldly wealth or power, for none of this can redeem man’s fallen soul, nor benefit a person in the life to come.

¹⁰ **when He comes:** The Father has given Christ the authority to judge the living and the dead.

¹¹ **with the holy angels:** Jesus alludes to the prophecy of Zechariah (14:5). Zechariah describes the “day of the Lord,” when God will bring judgment on the unfaithful of Israel by gathering armies against Jerusalem to plunder the city (14:1-2). Once the faithful have evacuated the city, God is expected to “come” with His “holy ones” and there

be established “king” over the earth. These events transpired with the destruction of Jerusalem in AD 70, which prefigures the glorious return of Christ at the end of history and the full unveiling of His kingdom.

¹² **not taste death:** Jesus promises to inaugurate His kingdom within the lifetime of the apostles.

¹³ This is a reference to those who would witness the Transfiguration, as well as to those in every generation who will experience the presence of God’s kingdom.

your enemies into your hand!" And Abram gave him a tenth of everything.

Exodus 15:22-27

²² Then Moses led Israel onward from the Red Sea, and they went into the wilderness of Shur; they went three days in the wilderness and found no water. ²³ When they came to Marah, they could not drink the water of Marah because it was bitter; therefore, it was named Marah. ²⁴ And the people murmured against Moses, saying, "What shall we drink?" ²⁵ And he cried to the LORD; and the LORD showed him a tree, and he threw it into the water, and the water became sweet. There the LORD made for them a statute and an ordinance and there he proved them, ²⁶ saying, "If you will diligently hearken to the voice of the LORD your God, and do that which is right in his eyes, and give heed to his commandments and keep all his statutes, I will put none of the diseases upon you which I put upon the Egyptians; for I am the LORD, your healer." ²⁷ Then they came to Elim, where there were twelve springs of water and seventy palm trees; and they encamped there by the water.

Numbers 21:4-9

² Now there was no water for the congregation; and they assembled themselves together against Moses and against Aaron. ³ And the people contended with Moses, and said, "Would that we had died when our brethren died before the LORD! ⁴ Why have you brought the assembly of the LORD into this wilderness, that we should die here, both we and our cattle? ⁵ And why have you made us come up out of Egypt, to bring us to this evil place? It is no place for grain, or figs, or vines, or pomegranates; and there is no water to drink." ⁶ Then Moses and Aaron went from the presence of the assembly to the door of the tent of meeting, and fell on their faces. And the glory of the LORD appeared to them, ⁷ and the LORD said to Moses, ⁸ "Take the rod, and assemble the congregation, you and Aaron your brother, and tell the rock before their eyes to yield its water; so you shall bring water out of the rock for them; so you shall give drink to the congregation and their cattle." ⁹ And Moses took the rod from before the LORD, as

he commanded him. ¹⁰ And Moses and Aaron gathered the assembly together before the rock, and he said to them, "Hear now, you rebels; shall we bring forth water for you out of this rock?" ¹¹ And Moses lifted up his hand and struck the rock with his rod twice; and water came forth abundantly, and the congregation drank, and their cattle. ¹² And the LORD said to Moses and Aaron, "Because you did not believe in me, to sanctify me in the eyes of the people of Israel, therefore you shall not bring this assembly into the land which I have given them." ¹³ These are the waters of Mer'ibah, ¹⁴ where the people of Israel contended with the LORD, and he showed himself holy among them.

Numbers 21:4-9

⁴ From Mount Hor they set out by the way to the Red Sea, to go around the land of Edom; and the people became impatient on the way. ⁵ And the people spoke against God and against Moses, "Why have you brought us up out of Egypt to die in the wilderness? For there is no food and no water, and we loathe this worthless food." ⁶ Then the LORD sent fiery serpents among the people, and they bit the people, so that many people of Israel died. ⁷ And the people came to Moses, and said, "We have sinned, for we have spoken against the LORD and against you; pray to the LORD, that he take away the serpents from us." So, Moses prayed for the people. ⁸ And the LORD said to Moses, "Make a fiery serpent, and set it on a pole; and every one who is bitten, when he sees it, shall live." ⁹ So Moses made a bronze serpent, and set it on a pole; and if a serpent bit any man, he would look at the bronze serpent and live.

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ANNOUNCEMENTS

PARISH

BULLETIN BY EMAIL – if you wish to receive a copy of the bulletin by email, please let us know by calling the parish office (780-422-3181) or send your email request to josaphat@telus.net

HAPPY BIRTHDAY & BEST WISHES – to Mike Hanas, Dobr. Luba Kowalchyk, Danielle Kowalchyk, Marc Turgeon, Tanya Girard and all who celebrated their birthdays or anniversaries this past week or will celebrate this upcoming week. May God bless you with health, happiness and peace! Mnohaya Lita!!!

MNOHIYA LITA – Congratulations to Anastasia and Serge Sych on the birth of their beautiful baby girl this past week! May God bless your family with many happy years!

MARCH 8-10: LENTEN MISSION – Will take place this year on March 8-10, and will be led by Fr. Terry Cherwick. *The topic: The Domestic Church and the Parish Church.* Opportunity for confession. All sessions will be livestreamed. TO ATTEND IN PERSON, PLEASE CALL THE PARISH OFFICE TO REGISTER. The schedule is as follows:

- **Monday, March 8, 7:00 PM** – Akathist to the Passion or Christ. First Session. Opportunity for confession.
- **Tuesday, March 9, 7:00 PM** – Akathist to the Passion or Christ. Second Session. Opportunity for confession.
- **Wednesday, March 10, 5:30 PM** – Presanctified Liturgy. Final Session. Opportunity for confession.

FASTING DURING THE GREAT FAST – abstinence from the consumption of meat and meat products is to be observed on **Mondays, Wednesdays, and Fridays.** All other foods are permitted on Tuesday and Thursday (*Particular Law of the UGCC, Canon 115.3*).

SUNDAY SCHOOL – we are offering a catechetical class for children in the church basement auditorium at 9:30 am. Bring your child (or children) downstairs for the lesson.

BALLOTS FOR THE AGM – If you did not receive a voting ballot for the AGM, please contact the parish office. We will mail you a ballot or forward it by email. Ballots are also available at the main entrance. NOTE: EACH BALLOT ALLOWS FOR EVERY ADULT IN YOUR

HOUSEHOLD TO VOTE. You are voting “YES” or “NO” for the proposed slate of officers:

- Rick Doblanko, Chair
- Lidia Wasylyn, Vice Chair
- Andrea Szabo, Vice Chair
- Kathy Tachynski, Secretary
- Andriy Cherwick, Treasurer

TAX RECEIPTS AND ENVELOPES – are available for picking up from the parish office during weekdays. If you have any questions, please call 780-422-3181.

NO ADULT BIBLE STUDY – Due to the Parish Lenten Mission this upcoming week, there will be no Bible Study. We will resume the following week with the reading of the second book of Samuel.

REGISTRATION WILL BE REQUIRED – for Divine Services on Palm Sunday, Holy Saturday, and Holy Pascha.

PUSSY WILLOWS – will be handed out on Palm Sunday as the faithful enter the church through the main entrance.

BLESSING OF EASTER BASKETS – will take place in the church parking lot on Holy Saturday (3:00 pm, 4:00 pm, and 5:00 pm), and after each Divine Liturgy on Easter (Holy Pascha). Pre-registration is required.

PRIVATE VISIT, CONFESSION AND HOLY COMMUNION – if you are at high risk and are unable to attend Sunday or weekday Divine Liturgies, please call the parish office or one of the priests directly to make arrangements for a private visit to the church: for prayer, confession, and to receive Holy Communion. We are very flexible. A private schedule can be arrangements for weekday mornings, afternoons, or evenings.

CONFESSIONS – take place on Saturdays, during Vespers and into the first part of the Divine Liturgy (from 4:00 pm – 5:20 pm); on Sundays, from 9:00 am to 9:50 am; and from 11:00 am to 11:35 am. Please, no confessions during the

epistle, gospel, and homily. Confessions will continue after the homily.

PRESANCTIFIED LITURGY – during the Great Fast, on Wednesdays in English at 5:30 pm, and on Fridays in Ukrainian at 5:30 pm.

WAY OF THE CROSS/AKATHIST HYMN – During the Great Fast, we will pray the Way of the Cross or the Akathist Hymn in Honour of the Passion on Tuesdays in English (5:30 pm), and Thursdays in Ukrainian (5:30 pm.)

LENTEN SIXTH HOUR AND TYPICA – with Holy Communion. During the Great Fast, we will not be celebrating the Divine Liturgy in the morning on weekdays (Monday to Friday). In its place, we will serve the Lenten Sixth Hour and the Typica Service with Holy Communion. At this service, three readings will be taken from the Old Testament: Genesis, Proverbs, and Isaiah. The daily reflection will focus on a theme from one of the readings. *NOTE: According the Canon 88.2 of the Particular Law of UGCC: “On all days of the Great Fast, except for Saturdays, Sundays and the Feast of the Annunciation, there is no Divine Liturgy celebrated other than the Liturgy of the Presanctified Gifts.”*

REMEMBERING THE DEPARTED (Sorokousty) – during the Great Fast, at various Lenten Services we will be remembering and praying for our departed loved ones, clergy and parishioners. Also, all listed names will be read at least once a week. The family lists of names are listed in two binders, which we have placed today on the side altar dedicated to the Mother of God.

RED BINDER – Family Names A to O. **BLACK BINDER** – Family Names: P to Z. Please check the binders to ensure that your family page is included. Also, if you wish to make changes or add names, please fill out the forms provided and leave in the PRAYER REQUEST BOX, or call the parish office directly during the week.

CANTORING COURSE - Are you interested in being a cantor? Or become a better aid to those already who are leading music at your parish? Maybe you are just starting out and want to

gain a better knowledge of how and why we do things the way we do them in our church? Well, opportunity knocks. A number of folks from across North America in our church are teaming up to provide you with instruction on all matters related to singing in our church and how we can continue to do our best to improve things despite our current restrictions. The meetings take place will take place on Tuesday evenings at 6:00 Mountain Standard Time. The sessions run for 45 minutes and are provided free of charge. For the full schedule, and the links to access them, check out the SingCon Facebook page for the full schedule:

<https://www.facebook.com/ugccmusic/>

There is no need to have a Facebook account or to login, since the information there is public.

If you were unable to attend the session this last Tuesday, you can access both that video and the introductory session here:

<https://ugccmusic.com/ntt>.

The main focus of the first 8 sessions is to cover the samohlasniy melodies, one tone each week. If you so happen not to know what a samohlasniy melody is, they are predominantly used during vespers and matins services, but they are also used at a parastas, Presanctified Liturgy, and various other services in our rite. During each session specific questions related to their usage, tips and tricks on how to remember them when needed and other related aspects will be addressed, along with any general ones related to cantoring and church music as a whole. If you have any specific queries that you would personally like to be answered in future sessions, please send them to hello@ugccmusic.com

EPARCHIAL WEBINAR – GROWING IN GRACE. Thursdays, March 11 and 18, 7:00 pm to 8:00 pm. No Cost. Topics: Sowing the Seeds (Dr. Theresa Zolner) and Bearing Fruit (Sr. Dr. Zoe Bernatsky S.S.M.I.). To receive a Zoom link prior to the sessions, register at:

<https://eeparchy.com/2021/02/18lenten-webinar-series/>

NEXT ANNUAL GENERAL MEETING (AGM) – will take place on Monday, March 15th, 2021 at 7:00 pm. This meeting will take place in the nave of the church, which will allow us to livestream for the benefit of those who are unable to attend in person. However, only limited attendance in person will be permitted, in accordance with whatever guidelines are in place at that time. Not everyone has access to a computer! The report for the 2020 year will be made available for all parishioners ahead of time for review (Sunday, February 21). All voting will take place by means of registered ballots. **IF YOU WISH TO ATTEND IN PERSON, PLEASE CALL THE PARISH OFFICE AT 780-422-3181** or email us at josaphat@telus.net. **NOTE: COVID-19 PROTOCOLS WILL NOT BE DISCUSSED AT THE ANNUAL GENERAL MEETING. If there are any concerns or questions with respect to Cathedral Protocol, please contact Fr. Peter Babej directly. God bless!**

SLATE OF OFFICERS 2021-2022 TERM – Thank you to all who have agreed to serve St. Josaphat Cathedral on Pastoral Council for the 2021-2022 term. The following are running for re-election (Executive) or will be appointed as Directors with Portfolios/Members-At-Large:

- Rick Doblanko, Chair
- Lidia Wasylyn, Vice Chair
- Andrea Szabo, Vice Chair
- Kathy Tachynski, Secretary
- Andriy Cherwick, Treasurer/Financial
- Ed Hecker, Adult faith directorate
- Andrea Leader, Sunday school and safe environments
- Zenon Wojnowskij, Liturgical Directorate
- Mike Sorochuk, Property Management and Casino
- Greg Warwa, Hall Committee and Knights of Columbus
- Ed Hladunewich, UCBC
- Carol Batty, UCWLC
- Lauren Girard, Bookstore/Book club
- Denise Lucyshyn, Choir
- Serge Sych, Communications
- Lydia Doschak, Member at large

- Patrick Samoil, Member at large

ST. JOSAPHAT BOOKSTORE – is open upon request. To make arrangements, please contact Ivone Shewchuk at 587-709-5193 or ivoneshewchuk@yahoo.ca

AGM REPORTS FOR 2020 – due to a delay in completing the financial report, the AGM Reports will not be available for distribution this weekend, but will be ready for distribution sometime midweek on on the weekend of March 13-14, 2020.

DIRECT DEPOSIT –You may have your church donations regularly transferred to the Cathedral on a monthly basis. If you are interested in beginning in March, please fill out a form and have it into the office no later than **March 28, 2021**. The form is available: 1. online at our website, 2. you may request one from the parish office, or 3. you may send an email addressed to Andrea Szabo with your request to josaphat@telus.net. All pre-authorized direct deposits are withdrawn on the first business day of each month to help defray the cost of processing fees for the Cathedral. To calculate your monthly donation amount, simply take your weekly donation and multiply it by 52 (weeks) and divide by 12 (months).

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SUNDAY, FEBRUARY 28, 2021

SUNDAY COLLECTION

Sunday Envelopes	\$5,269.64
Loose Donations	\$225.00
Candles	\$85.80
Donations to the Church	\$287.12
TOTAL SUNDAY:	\$5,867.56

PRESERVATION FUND

Ivan & Lesia Simko	\$20.00
William Brasko	\$20.00
Odarka Smal-Martyнкиw	\$300.00
Irina Marusiak	\$40.00
Sharon Prokop	\$40.00
Olga Saley	\$100.00
Rick & Janine Doblanko	\$100.00
Olga Zinchuk	\$100.00
Terry Klowak	\$100.00

Walter Mykytiuk	\$100.00
Bill & Polly Cymbaluk	\$50.00
Stella Prokop	\$50.00
Steve & Mary Ferenc	\$50.00
TOTAL:	\$1,070.00
CHURCH DONATION (<i>in memory of Rose Rosychuk</i>)	
Michael Pacholek	\$50.00
Sylvia Pacholek	\$50.00
Marion & Patricia Nrynew	\$50.00
Andrea Sagansky	\$40.00
<i>(in memory of Wilfred Prokop)</i>	
INITIAL OFFERING & MEMBERSHIP	\$110.00
EPARCHIAL COLLECTION – GREAT LENT	\$610.00
EASTER FLOWER	\$40.00
NEEDY FUND	\$145.00

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Embracing the Struggle for Faithfulness

Today we venerate the precious and life-giving Cross upon which Jesus Christ offered Himself for the salvation of the world. By entering into death through the Cross and rising in glory on the third day, He has enabled us to become participants by grace in His eternal life. To honor the Lord’s Cross requires much more than simply conducting a religious service on a particular day. It requires taking up our own crosses and uniting ourselves in sacrificial obedience to Christ. We must offer more than beautiful words and sentiments if we are to do that, for the way of the Cross is participatory. Our Great High Priest offered Himself fully for our sake, even to the point of death. It will be impossible for us to share in the joy of Christ’s resurrection unless we offer our lives to Him by dying to our distorted sense of self. For we will only become the uniquely beautiful people He created us to be in His image and likeness when we experience the healing of the human person that He worked through the Cross.

To participate in the life of Christ requires becoming like Him from the depths of our souls, which is why He told the disciples that they must deny themselves, take up their crosses, and follow Him. Doing so requires losing our lives for the sake of the Lord and His Gospel; ironically, that is the only way to save our lives. If we make success or happiness in this world on our own terms our

ultimate goal, we will pursue a path that amounts to a complete rejection of the Savior. Remember that Satan tempted Christ in the desert with worldly power and popularity, as did those throughout His ministry who wanted Him to become a successful political and military leader against the Romans. No one expected or even understood a Messiah Who died on the Cross, which was seen as a sign of complete failure. By doing so, however, He has destroyed our captivity to death through His victory over Hades and the grave in His glorious resurrection. His Kingdom stands in stark contrast to the ways and expectations of our world of corruption.

We take up our crosses whenever we embrace the struggle to become more like our Lord in any circumstance of our lives, despite the inevitable tension that we experience whenever we do so. It is as simple as that, for He is the perfection of humanity as the God-Man and we most certainly are not. We open ourselves to His gracious healing of our souls when we accept the painful struggle to turn from serving ourselves to serving Him and our neighbors. We must not denigrate the small opportunities that we have each day to do so in our familiar routines, for it is what we think, say, and do daily that make up the bulk of our lives and shapes us and others most profoundly. Instead of imagining rare and heroic acts of sacrifice, we should focus on the opportunities already before us to put faithfulness to God and serving our neighbors before fulfilling our own self-centered desires, however noble we may think that they are. If we cannot respond faithfully to small challenges, we will never be prepared for the large ones.

We all face situations in our lives that challenge us to become more like Christ in selfless love, forgiveness, and patience. Whether involving our families, our health, our financial situation, or anything else, there is no shortage of opportunities to find the healing of our souls by living as those who are not ashamed of the Lord’s Cross. Instead of focusing on what we can get out of these difficult circumstances for ourselves or on our own will being done, we must offer our challenges to Christ as we unite ourselves more fully to the One

Who offered up Himself for the salvation of the world. When we do so, we will experience in our own souls the great tension between making what we want our god and taking up our crosses in obedience to the one true God. There is no way to find the healing of our souls without embracing that tension, for that is what it means to deny ourselves as we deliberately turn away from serving our self-centered desires to following the Savior Who has conquered death through His Cross.

The spiritual disciplines of Lent certainly provide important opportunities to gain strength in denying ourselves as we take up our crosses. Instead of indulging in constant entertainment and other unnecessary distractions, we must stretch ourselves a bit by devotion to prayer and reading the Scriptures each day. Instead of dwelling on whatever thoughts we find appealing and saying whatever comes to mind, we must endure the internal struggle of keeping a close watch on our hearts and mouths. Otherwise, we will become enslaved to the habit of welcoming thoughts that inflame our passions and speaking in ways that cause others to stumble. Instead of excusing ourselves from generosity toward our needy and inconvenient neighbors, we must find ways to serve them as Christ has served us. By appropriate fasting and other forms of self-denial, we will gain experience in saying “no” to ourselves so that we will be able to say “yes” to the Lord and those in whom we encounter Him each day. When we take Confession, we open ourselves to healing from the prideful illusion of self-righteousness as we confront how little of our lives we have truly offered to Him.

The point of Lent is to prepare us to follow the Lord to His Cross and empty tomb. There is no way to do that other than by uniting ourselves to the Savior in holiness, which inevitably requires the tension and struggle of serving Him and not simply ourselves. The point is not to make us miserable, of course, but to make it possible for us to embrace the joy that He has brought to the world by delivering us from bondage to the fear of death, which is the wages of sin. Let us venerate the

Cross, then, not only in this service, but by taking up our crosses in our daily lives so that we will grow in union with the One Who offered up Himself purely out of love for our salvation. The more that the way of the Cross becomes characteristic of our lives, the more we will know already the holy joy of His resurrection.

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СЛУЖБА БОЖА

Тропарі і кондаки

Тропар, глас 7: Знищив Ти хрестом Твоїм смерть, відчинив розбійникові рай, мирноносицям плач на радість перемінив і апостолам звелів проповідувати, що воскрес Ти, Христе Боже, даючи світові велику милість.

Тропар, глас 1: Спаси, Господи, людей твоїх* і благослови насліддя Твоє!* Перемоги благовірному народові на супротивників даруй* і хрестом твоїм* охорони люд твій

†Слава Отцю, і Сину, і Святому Духові,* і нині і повсякчас і на віки вічні. Амінь.

Кондак, глас 7: Вже більше влада смерти не зможе людей держати, зійшов бо Христос, знищивши і знівечивши сили її, зв'язується ад, пророки ж однодушно радіють. З'явився Спас тим, що вірують, промовляючи: Виходьте, вірні, до воскресіння.

Замість Трисвятого:

Хресту Твоєму поклоняємось, Владико, і святее воскресіння Твоє славимо. (х3)

†Слава Отцю, і Сину, і Святому Духові,* і нині і повсякчас і на віки вічні. Амінь.

І святее воскресіння Твоє славимо.

Хресту Твоєму поклоняємось, Владико, і святее воскресіння Твоє славимо.

Прокімен, Глас 6

Спаси, Господи, людей Твоїх* і благослови спадкоємство Твоє.

Стих: До Тебе, Господи, взиватиму; Боже мій, не відвертайсь мовчки від мене.

Апостол – До Євреїв 4,14 -5,6

ЧТЕЦЬ: До Євреїв послання святого апостола Павла читання.

Браття і сестри! Мавши великого архиерея, що пройшов небо, Ісуса, Божого Сина, тримаймося твердо віровизнання. Бо ми не маємо такого архиерея, який не міг би співчувати нашим недугам: він же зазнав усього, подібно як ми, крім гріха. Приступім, отже, з довір'ям до престолу благодаті, щоб отримати милість і знати благодаті на своєчасну поміч. Кожен бо архиерей, узятий з-поміж людей, настановляється для людей у справах Божих, щоб приносив дари та жертви за гріхи; він може співчувати нетямущим та введеним в оману, бо й сам він немічю охоплений, і тому повинен так за людей, як і за себе самого приносити жертви за гріхи. Чести цієї ніхто не бере сам собі, лише той, хто покликаний Богом, як Арон. Так і Христос не сам собі присвоїв славу стати архиереєм, вона бо від того, який до нього мовив: «Ти Син мій, я сьогодні породив тебе.» Як і на іншому місці каже: «Ти -- священник навіки за чином Мелхисадека.

Стихи Алілуя

Стих: Згадай Твою громаду, яку Ти придбав Собі віддавна.

Стих: Таж Ти, о Боже, цар мій споконвіку, що дієш серед землі спасіння.

Євангеліє - Від Марка 8,34-9,1

Сказав Господь: «Коли хто хоче йти за мною, хай зречеться себе самого, візьме на себе хрест свій та йде слідом за мною. Бо хто хоче спасти свою душу, той її погубить; а хто погубить свою душу мене ради та Євангелія, той її спасе. Яка бо користь людині здобути світ увесь і занепастити свою душу? Хто, отже, буде соромитися мене й моїх слів перед цим родом перелюбним та грішним, того буде соромитися Син Чоловічий, коли прийде у славі Отця свого зі святими ангелами.» І сказав їм: «Істинно кажу вам: Є деякі з отут

присутніх, що не зазнають смерті, аж поки не побачать Царства Божого, що прийде у могутності.»

Замість Достойно, співаємо:

Тобою радується, Благодатная, всяка твар, ангельський собор і чоловічеський рід, освящений храм і раю словесний, дівственна похвало, що із неї Бог воплотився і младенцем став – перед віками сущий Бог наш. Лоно бо Твоє престолом сотворив і утробу Твою просторішою небес учинив. Тобою радується, Благодатная, всяка твар, слава Тобі.

Причасний

Знаменувалося на нас світло* лица Твого, Господи.* Алілуя, алілуя,* алілуя!

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Молитва святого Єфрема

Господи і Владико життя мого! Духа лінивства, недбайливости, властолюб'я і пустомовства віджени від мене.

†Доземний поклін.

Духа чистоти, покори, терпеливости й любови даруй мені, слугі Твоєму.

†Доземний поклін.

Так, Господи, Царю! Дай мені бачити гріхи мої і не осуджувати брата мого, бо Ти благословенний на віки вічні. Амінь.
†Доземний поклін.

Молитву митаря проказується чотири рази (12 малих поклонів)

†Боже, милостивий будь мені грішному.

†Боже, очисти мої гріхи і помилуй мене.

†Без числа нагрішив я, Господи, прости мені.

Господи і Владико життя мого! Духа лінивства, недбайливости, властолюб'я і пустомовства віджени від мене. Духа чистоти, покори, терпеливости й любови даруй мені, слугі Твоєму. Так, Господи, Царю! Дай мені бачити гріхи мої і не осуджувати брата мого, бо Ти благословенний на віки вічні. Амінь.

ОГОЛОШЕННЯ

ПАРАФІЯЛЬНИЙ ВІСНИК – Якщо ви бажаєте отримати вісник що тижня через е-пошту, зверніться до церковної канцелярії або вишліть нам вашу е-адресу на нашу адресу: josaphat@telus.net.

МНОГАЯ ЛІТА – з днем народження, складаємо найщиріші побажання Шайло Черевик, Миколі Варшавський, Михайлу Ханас, добр. Любі Ковальчик, Данієлю Ковальчик, Маркові Тиржон, Тані Гірард та всім хто справляють уродини сьогодні або справляв уродини протягом минулого тижня або справлятиме у протягом наступного тижня. Нехай Господь Бог благословить на многі і благі літа!

18-19 БЕРЕЗНЯ: ПОСНА МІСІЯ – в українській мові відбудеться в **четвер, 18-го березня, о год. 7:00 вечора, та в п'ятницю, 19-го березня, о год. 5:30 п.п.** Нагода до сповіді. Місію переводить о. Іван Никифорок.

ВЕЛИКИЙ ПІСТ – у **понеділок, середу та п'ятницю** слід утриматися від споживання м'ясних продуктів і страв. У вівторок та четвер дозволено всі види їжі. *(Партикулярне право УГКЦ, Канон 115.3).*

СЛУЖБА ПЕРЕДОСВЯЧЕНИХ ДАРІВ – відправлятиметься кожної п'ятниці в українській мові, о год. 5:30 п.п., протягом Великого Посту.

ХРЕСНА ДОРОГА/АКАФІСТ ДО СТРАСТЕЙ ХРИСТОВИХ – буде відправлятися по четвергах українською мовою о год. 5:30 п.п.

МАТЕРІ В МОЛИТВІ - Спільнота „Матері в молитві” була заснована для допомоги матерям, які бажають разом молитися за своїх дітей та онуків, дітей парафії та всіх українських дітей і знайти необхідну підтримку. Перше зібрання і молитва відбудеться в катедрі, **сьогодні**, у неділю, 7-го березня 2021, після україномовної Божественної Літургії. Запрошуємо!

ЗАГАЛЬНІ ПАРАФІЯЛЬНІ ЗБОРИ –

відбудуться в **понеділок, 15-го березня, о год. 7:00 вечора.**

ПОРЯДОК БОГОСЛУЖЕНЬ – нас Страсний тиждень, Великдень, та Світлий тиждень – включений в сьогоднішньому вісник. Реєстрація обов'язкова на богослуження у Квітню Неділю, Велику П'ятницю, Благосвоєння Пасок, та Великдень.

ПРЯМІ ПОЖЕРТВИ НА КАТЕДРУ – наш банк «СЕРВУС» дає нагоду парафіянам автоматично що місяця складати пожертви на катедрі. Якщо ви зацікавлені, просимо звернутися до Андрєї (в **понеділок** або в **п'ятницю**) в церковній канцелярії.

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НЕДІЛЯ, 28-ГО ЛЮТОГО, 2021

НЕДІЛЬНА ЗБІРКА

Недільні ковертки	\$5,269.64
Дрібні пожертви	\$225.00
Свічки	\$85.80
Окремі Пожертви на парафію	\$287.12

РАЗОМ:

\$5,867.56

ФОНД ЗБЕРЕЖЕННЯ КАТЕДРИ

Іван і Леся Сімко	\$20.00
Василь Браско	\$20.00
Одарка Смаль-Мартинків	\$300.00
Ірина Марусяк	\$40.00
Шерон Прокоп	\$40.00
Ольга Салей	\$100.00
Рик і Джанін Добланко	\$100.00
Ольга Зінчук	\$100.00
Тарас Кловак	\$100.00
Володимир Микитюк	\$100.00
Василь і Поллі Цимбалюк	\$50.00
Стелла Прокоп	\$50.00
Стефан і Марія Ференц	\$50.00
РАЗОМ:	\$1,070.00

ПОЖЕРТВИ НА ХРАМ (В пам'ять Розалії Росичук)

Михайло Пахолок	\$50.00
Сильвія Пахолок	\$50.00
Маріон і Патрисія Гринев	\$50.00
Андрея Саганська	\$40.00

(В пам'ять Вільфреда Прокоп)

ЧЛЕНСЬКА ВКЛАДКА	\$110.00
ЕПАРХІЯЛЬНА ЗБІРКА – ВЕЛИКИЙ ПІСТ	\$610.00
ПОЖЕРТВА НА КВІТИ	\$40.00
ПОЖЕРТВА ДЛЯ ПОТРЕБУЮЧИХ	\$145.00

THIS WEEK AT THE CATHEDRAL

SUN. March 7: VENERATION OF THE HOLY CROSS

5:00 PM – **Divine Liturgy** (Bilingual); for all parishioners; for the repose of +Rick Slobodian.

6:45 AM (SUN) – Great Matins.

8:00 AM (SUN) – **Divine Liturgy** (English); for the intentions of all parishioners; for the repose of +Sophia Daciuk.

9:30 AM (SUN) – **Divine Liturgy** (English); for all parishioners; for the repose of +Walter Sorochuk.

11:15 AM (SUN) – **Divine Liturgy** (Ukr); for the intentions of all parishioners; for the repose of +Bronislav Vyshnevsky.

After Ukrainian Liturgy - Mothers Prayers/Матері в молитві

Mon. March 8: Theophilactus, Bishop of Nicomedia

7:30 AM – Lenten Sixth Hour & Holy Communion.

7:00 PM – LENTEN MISSION. Akathist to the Passion.

Tues. March 9: 40 Martyrs of Sebaste

7:30 AM – Lenten Sixth Hour & Holy Communion.

5:30 PM – The Way of the Cross (Eng).

7:00 PM – LENTEN MISSION. Akathist to the Passion.

Wed. March 10: Martyr Codratus and Others

7:30 AM – Lenten Sixth Hour & Holy Communion.

10 AM – Funeral Service (Park Memorial)

5:30 PM – LENTEN MISSION. Presanctified Liturgy (Eng); for the health and intentions of Patricia Chichak.

Thurs. March 11: Sophronius of Jerusalem

7:30 AM – Lenten Sixth Hour & Holy Communion.

5:30 PM – The Way of the Cross (Ukr.)

Fri. March 12: Confessor Theophanes; Pope Gregory

7:30 AM – Lenten Sixth Hour & Holy Communion.

5:30 PM – Presanctified Liturgy (Ukr) and Panakhyda; for the health of Hrubizny Family.

Sat. March 13: All Souls Saturday

9:00 AM – Divine Liturgy; for the repose of all souls; Panakhyda for All-Souls.

4:00 PM – Great Vespers.

5:00 PM – **Divine Liturgy** (Bilingual); for all parishioners; for the repose of +Zenon Balaban (5 years Memorial).

SUN. March 14: FOURTH SUNDAY OF THE GREAT FAST

6:45 AM (SUN) – Great Matins.

8:00 AM (SUN) – **Divine Liturgy** (English); for the intentions of all parishioners; for the health of Brother Delmer.

9:30 AM (SUN) – **Divine Liturgy** (English); for all parishioners; for the repose of +Joseph and +Mykhailyna Hrubizna.

11:15 AM (SUN) – **Divine Liturgy** (Ukr); for the intentions of all parishioners; for the repose of +Frank Grendowicz (20 years Memorial).



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